

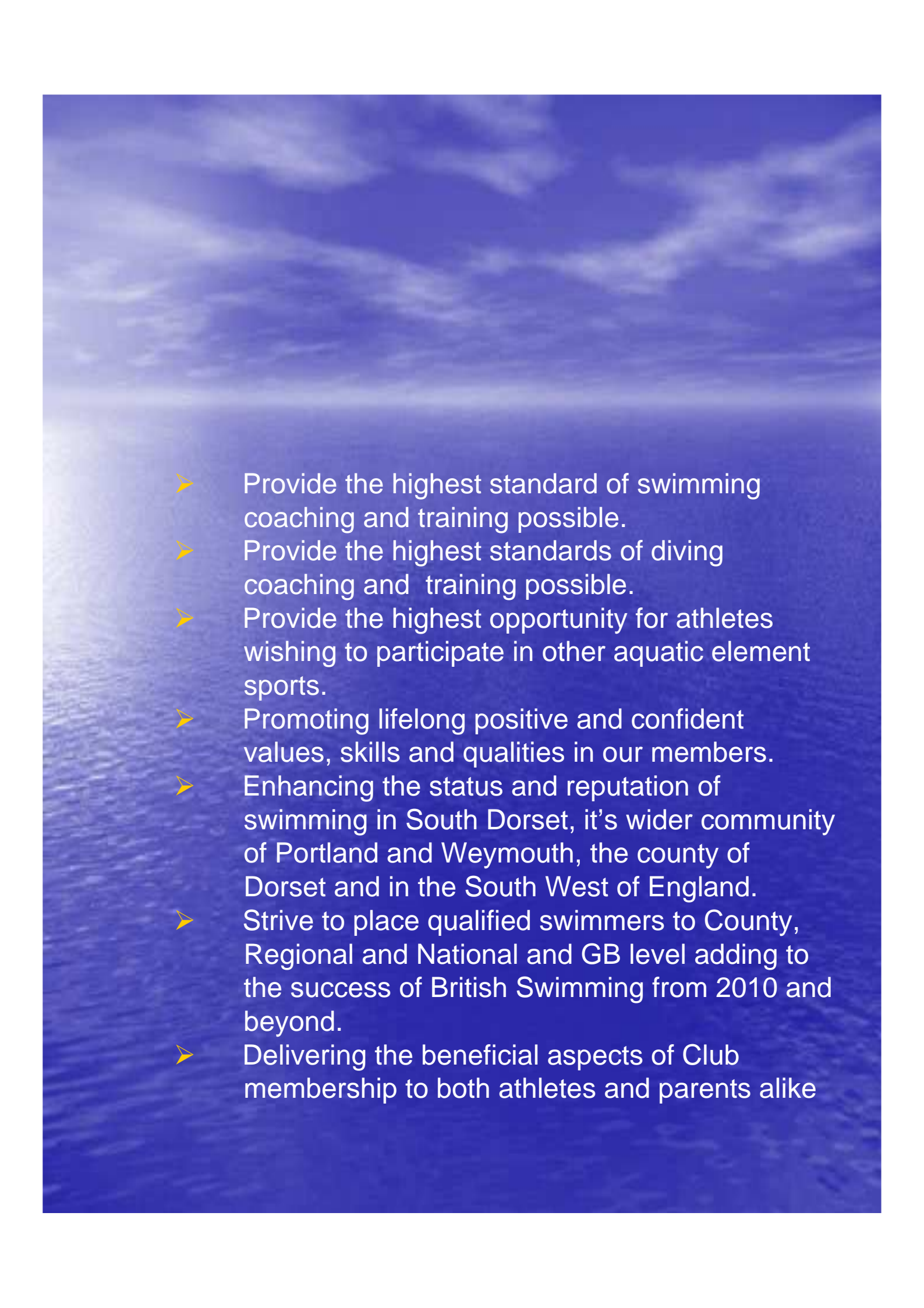


The Tornadoes of South Dorset

The Club has a membership of over 300 dedicated and improving athletes in a tiered squad system who will all be striving to fulfil their potential in the sports of swimming, diving and biathlon/triathlon. The club has a comprehensive stepped teaching programme under the ASA National Plan that allows children from the age 5 years to safely learn to swim and progress from non-swimmer to development potential, then into the competitive training should they wish to progress further in the competitive sport.

Tornadoes of South Dorset Values

- Achieving aquatic confidence and high level of proficiency in all four strokes in the teaching programme.
- Achieving success at all levels of competitive:
 - Swimming
 - Diving
 - Biathlon/Triathlon/Pentathlon/Water Polo
- Support English School Swimming programme.

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- Provide the highest standard of swimming coaching and training possible.
 - Provide the highest standards of diving coaching and training possible.
 - Provide the highest opportunity for athletes wishing to participate in other aquatic element sports.
 - Promoting lifelong positive and confident values, skills and qualities in our members.
 - Enhancing the status and reputation of swimming in South Dorset, it's wider community of Portland and Weymouth, the county of Dorset and in the South West of England.
 - Strive to place qualified swimmers to County, Regional and National and GB level adding to the success of British Swimming from 2010 and beyond.
 - Delivering the beneficial aspects of Club membership to both athletes and parents alike

TORNADOES of SOUTH DORSET MISSION STATEMENT

“Tornadoes of South Dorset are committed in helping every athlete in the programme reach his or her maximum potential. The Club believe that this can be and will be achieved for a wide range of ages and ability levels. We will strive towards accredited Swim 21 Performance Programme. Tornadoes of South Dorset places their greatest strength of resources with the most committed athletes in the programme.

For many Tornadoes of South Dorset members, the development of potential will often be judged in terms of competitive results. However, various other developmental considerations exist and the programme aims to touch each athlete’s life in a number of ways, this includes:

- Dealing with success and failure
- Setting and achieving aims
- Exploring and testing an individual’s fitness limits

It is recognised that athletes develop at different rates and the coaching staff are intent on allowing the individual nature of the sport to be fully realised. This will be accomplished by offering an unrivalled and comprehensive training programme that adheres to the principles of long-term athlete development (LTDP) and provides each swimmer with the opportunities they need to progress within the sport.

In addition, in order to demonstrate the benefits of being a member, the club will endeavour to engage the athletes and their parents in volunteer work, social activities and other events that are indirectly related to sporting performance”.

Phil Daniels

ASA Coach – Head Coach TTSD